

Pistol Skills for Women

Date: May 26-27, 2010

Location: **St. Paul Police Department** - Outdoor Target Range
2621 Linwood Avenue
Maplewood, MN 55119

Time: 0700-1700

Instructor: Officer Randy Barnett, Range Master, SPPD
Officer Jeff Whitbeck, Range Officer, SPPD
Officer Derrick Herling, Range Officer, SPPD

POST: 18 Credits

Cost: \$275.00

The Saint Paul Police Department Professional Development Institute is sponsoring a two day course designed to introduce female shooters of all skill levels to modern pistol techniques. This course will cover the reasons why a particular grip, stance, and presentation of the pistol are more effective than other techniques that may have been taught in the past. Students will be given individual attention to assure the basics are being properly executed, and then demanded during all drills. Successful student participation will assure shooting skills have exceeded any past abilities.

Equipment: Participants are required to bring their duty belts, holster, and service weapon with at least 3 magazines. They will need an off-duty holster to fit their duty weapon (or a separate off-duty gun and ammunition), a means of concealment, baseball type cap, and eye and ear protection.

Ammunition: Each student will need to bring 1500 rounds of ball or practice ammunition as well as 200 rounds of LAWMAN RHT LEAD FREE FRANGIBLE (no other frangible will be allowed.)

To register, go to the website: <http://www.ci.stpaul.mn.us/forms.asp?fid=41> and fill out registration form. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us